High Performance Junior Coaching

Elite Competitors

Over the last two decades this program has produced dozens of local tournament winners, several Ontario and Quebec provincial champions and 2 National Champions.

Our Golf School leads the industry in experience, programming, and technology. Athletes will have access to all of our resources including TopTracer, FlightScope, GEARS 3D Motion Capture, Smart 2 Move Force Plates, Sportsbox AI Motion Capture, Blast Motion Sensors, Hack Motion Wrist Sensors and all of our High-Speed Video Software Tools.

Weekly Team Practices (2 hours x 6 weeks) – Athletes are encouraged to attend all Team Practices in their entirety. Kevin has designed themes and seminars for each Practice. Team practices will include intensive swing work on the lesson tee with full video and technology support. The success of our High Performance Coaching is partly grounded in our "Team Building" concept to build confidence and make athletes comfortable around their teammates, coaches, support staff and surroundings. Saturdays 3pm - 5:00pm *March 23, March 30, April 6, April 13, April 20, April 27*

Private Coaching – Junior Team Members will receive an extra 5 x 1 hour and 5 x 1/2 hour private sessions to strengthen fundamentals and continue improvement throughout tournament season. Juniors will receive clear, honest and personalized coaching with full access to all golf school teaching aids, fitting tools and technology. We suggest pre-booking lessons throughout the summer months.

GEARS 3D Motion Capture Session – Each Team Member will be put through a 1½ hour 3D Motion Capture Session during the golf season. Young athletes will see and learn from seeing their swing as a fully rendered 3D avatar model.

Seminar Series – Over the course of our High Performance Program, Kevin and Jake will present 2 specialized seminars for all of our junior golf athletes. Seminars will be presented 6-7:30 during the early part of the golf season. Past seminars have included "Key Mental And Emotional Fundamentals For Golf Excellence", How To Build A Season Long Practice Plan", "Goal Setting", "Understanding The Athlete/Coach/Parent Relationship", "Tournament Preparation"... Seminar #1 April 18th 6pm – 8pm Seminar #2 May 16th 6pm – 8pm

Ongoing Ball Striking Skill Testing- Each High Performance Athlete will use Toptracer 30 and Toptracer Coach Platforms to test and assess ball striking skills on an ongoing basis. Kevin and Jake will set performance goals and targets to encourage continued improvement.

Ongoing Short Game / Putting Skills Testing - Each High Performance Athlete will be coached on all fundamentals of the short game, including chipping, pitching, bunker play and putting. Athletes will set early season short game benchmarks, then participate in season long testing stations to gauge competency and improvement. (4 Hour Short Game Assessment Day: Tentative Date May 26^{th} 1pm - 5pm)

Tournament Schedule Planning - Kevin, Lisa and Jake will help you build a productive and competitive tournament schedule, taking into account age, financial considerations, travel schedule, current skill level and goals.

VIP Membership to the Kevin Haime Golf Centre (Only available to High Performance Juniors – Value of \$800) – Each High Performance Athlete will receive a season-long VIP all access membership to the Kevin Haime Golf Centre. Each junior is encouraged to spend many hours working on swing fundamentals, short game and putting at the facility. On site practice is a critical part of the program for high performance athletes because it enables constant communication with coaches.

FlightScope Access – Each High Performance Athlete will have access to FlightScope Skills Testing and Doppler Radar Data throughout the summer.

TopTracer Access - Each High Performance Athlete will have access to TopTracer Practice Bays to enhance gapping control and the productivity of practice time. (*Limited to six hours per week. Intended for Practice Purposes.*)

Exclusive 4 Day Advance Booking – Each elite junior member will have access to 4 days advance booking for practice times at the golf centre. This benefit is not offered with any other program. (*Bookings 4 days in advance for practice can be made via phone only*)

Ongoing Support – Kevin, Lisa, Jake and our entire team of instructors will be available on an ongoing basis to help with your development as a golfer and competitor. We are committed to helping you reach your goals and are available through email or teleconferencing when necessary.

New Applicants: To apply for the Kevin Haime High Performance Junior Coaching please submit a small bio including:

- Player's Name:
- Address:
- Phone:
- Email:
- Parent's Name:
- Parent's Contact:
- Date of Birth of Player:
- Current Golf Canada Handicap:
- Name of past instructor/ coach:
- List your tournament experience and accomplishments:

TOTAL COST: \$2699+hst

Please see Lisa for details. Availability is on a first come first reserved basis.

** Please note ** No makeup dates offered for team practices or seminars

All private lessons must be completed by October 15th